

# A1 Hearing *LATEST NEWS*

 **\$250**  
gift card

have a  
**\$250 shop** *on us*

Any new customer you refer to us during the month of September, gets you in the draw.

## IMPORTANT INSURANCE UPDATE

***What happens if I lose my hearing aid? Or if I accidentally break it or drop it in the sink?  
Do you have home contents insurance?***

Lots of questions, but when accidents happen it sure can be helpful to have your hearing aids covered by your insurance policy. It can save you thousands of dollars. Each policy is different so you will need to check if there are limits on coverage, requirements to list the value of hearing aids and whether there is an excess to pay. A recent complication that seems to be happening is that the insurance companies have partnered up with some of the larger hearing aid clinic chains to cover hearing aid insurance claims. You do not have to go to one of these big chains to have your hearing aids replaced! You have a right to continue on with A1 Hearing.

***You do not have to  
go to one of these big  
chains to have your  
hearing aids replaced!***

If you need to make a claim for a lost or broken hearing aid: first, contact your insurance company to let them know, and tell them you would like to stay with A1 Hearing. They should give you a claim number. Then, call us at A1 Hearing and give us your claim number. We will prepare a quote for the insurance company and match any pricing or offers they may have on file from the big chains. We will insure your hearing aids are replaced with the same or better technology and are best prepared to continue to work with you and your hearing needs.

If you are contacted by another hearing company please tell them you would prefer to stay with your hearing aid clinic, A1 Hearing.

***Please call us on 09 278 1021  
if you have any questions  
about hearing aids and  
insurance.***

***Well done Trish  
A1 Hearing's new  
radio superstar  
listen out for her on  
radiolive and magic***



***Are your hearing aids due for a clean and service?***

**CALL NOW** to book in for a **SPECIAL** price Clean and Service appointment

**Normally \$25, now just \$15**

(available at Papatoetoe, Mt Eden and North Shore clinics)

**Freephone 0800 214327**

 **A1 Hearing**  
we solve hearing problems



# A1 Hearing

## Rechargeable hearing aids are back!



Have you ever wondered why hearing aids are not rechargeable? Well now they are. Dr. Teresa Burns, one of our Audiologists who works at the Papatoetoe and North Shore clinics, explains, "The hearing aid industry tried to offer rechargeable about 8 or 10 years ago, but the technology just wasn't there. Hearing aids need significant power, a lot more than a watch, yet are very small. Years ago the rechargeables took 16-18 hours charging time but they only lasted 8 hours, and the chargers were tricky to use. I'm pleased to say the new technology is much better."

There are now two different types of rechargeable batteries being used in hearing aids. The first is Silver Zinc which looks like a gold coloured normal hearing aid battery and can be swapped out, as needed, for a regular non-rechargeable zinc air battery if you go on holiday and forget your charger. This type seems to be most common and is generally supplied with a charger from Z Power, a battery company. All the hearing aids are the behind the ear/ receiver in the ear style and plug in to a charger every night. A green light illuminates to let you know when the charging is in process and finished. An overnight charge lasts 20+ hours. The silver zinc batteries need to be replaced once per year and cost about \$20 each. The initial investment for the charger is about \$400, in addition to the cost of the hearing aids.

*There are now two different types of rechargeable batteries being used in hearing aids.*

The other type of rechargeable battery in hearing aids is a very small Lithium Ion battery which is permanently embedded in the aid. This type needs to be replaced every 3 years and must be sent back to the manufacturer to swap out. This provides for extra waterproofing for the hearing aids. Some manufacturers are promising free battery replacement for 6 years. At this stage this technology is only available in the middle to high end technology levels from a couple of manufacturers.

"Many people are interested in rechargeable hearing aids, for ease of use, cost and benefits for the environment" says Dr. Burns, "At this stage only the behind-the-ear style is available and we need to work out whether the investment in the charger is worthwhile compared to the normal price of batteries. Its good to have choices. Come talk to us if you are interested and we can show you what is now available."

## Honey and Banana Wholemeal Loaf

2 cups	wholemeal flour	⅓ cup	honey
¾ cup	white flour	2 ripe	bananas, mashed
2½ tsp	baking powder	⅓ cup	walnuts
¾ cup	lightly packed brown sugar	1 egg	beaten well
¼ cup	canola oil or 55g butter	½ tsp	baking soda
		1 cup	milk



1. Sift the flour and baking powder into a bowl. Add the brown sugar and mix.
2. Melt the oil or butter with the honey over a low heat, then cool slightly.
3. Make a well in the centre of the dry ingredients, add the mashed bananas, walnuts, egg and combined baking soda and milk.
4. Add the butter mixture and mix well.
5. Pour the dough into a lined greased loaf tin and bake at 180C for 1 hour (cooking time may vary depending on your oven)